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FAMILY COUNSELING
INDIVIDUAL COUNSELING

SIGNS OF AN ABUSIVE RELATIONSHIP

- Does she/he embarrass you with bad names and put downs?
- Does he/she look at you or act in ways that scare you?
- Does she/he try to control what you do, who you see or talk to or where you go?
- Does he/she try to stop you from seeing friends or family?
- Does she/he take your money and make you ask for money?
- Does he/she make all the decisions?
- Does she/he tell you that you are a bad parent or threaten to take the children away?
- Does he/she act like abuse is no big deal?
- Does she/he say it's your fault or deny doing it?
- Does he/she destroy your property or threaten your pets?
- Does she/he intimidate you with weapons?
- Does he/she shove, slap or hit you?
- Does she/he force you to drop charges?
- Does he/she threaten suicide or threaten to kill you?

**ANY MARRIAGE CAN BE IMPROVED ON. CALL IF
YOU NEED HELP!**